

# FOOD

## FOR THOUGHT

A Teaching Resource  
for Grades Three to Six



**Ladybugs**  
• Because of its unique color scheme, it is easy to spot.  
• Ladybugs are found worldwide, with over 6,000 different species.  
• Many call them "beetles with a lady," recognizing their role in eating insects.  
• The spotted and unspotted varieties often occur in Canada.



**Praying Mantis**  
• The way they hold their front legs makes them look like they are "praying."  
• The Latin "mantis" means "like the Greek word for 'priest'."  
• The typical mantis can grow up to 10 cm long.  
• They are voracious insect eaters, often preying on other insects.



**Flycatcher**  
• These are fly-catching birds that are found in North America.  
• They are about 10 cm long and have very colorful plumage.  
• The Black Flycatcher, however, is black, white, and blue.



**Grasshopper**  
• They are found in all parts of the world.  
• They are about 5 cm long and have long hind legs for jumping.  
• They are found in all parts of the world.

original poster 22" x 33"